

Discovering Your Personal Year

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To discover your personal year, grab a piece of paper and be prepared to do some simple math. This vibration runs from birthday to birthday and is significant to your individual energies. This means that these are influences at work in your life for an entire year and they will enhance or amplify other energies at work in your life.

Step One – Convert your birthday to numbers (example, May will be a 5, September will be a 9). Then add the date within the month that you were born to the month number.

Step Two – Most people will not yet have had a birthday in 2008, so use 2007 for this equation. If you would like to discover what energies will be at work when you have a birthday in 2008, you can do that too! For 2007 birthdays, you would add the number 9 ($2 + 0 + 0 + 7 = 9$) to the total from Step One. For 2008 birthdays, add a 1 to the Step One total.

Step Three – Taking the total from Step 1 + Step 2, you will take each digit separately and add them together. As examples – let's do a couple of samples:

Birthday – August 16: $8 + 7 + 9 = 24$ (then add the $2 + 4 = 6$). Six would be the vibration in effect from the August 16 birthday in 2007 through the birthday in 2008.

Birthday – February 9: $2 + 9 + 9 = 20$ (then add the $2 + 0 = 2$). The vibration for the year would be a 2 for 2008.

ONE: Be ready for major changes. You will be inspired to start new projects or enterprises. You will feel a strong forward push toward new goals. This is a time for vision and planning. Share your dream with others; make plans, get the necessary support, but, above all, rely on yourself as the driving force. Be decisive! Everything you do now will affect your future. Do not hold back the inner force of creation. Be direct, daring, and bold. You will have more confidence and determination this year, particularly in comparison with last year, which was a time of letting go. This year represents a time of birth. It's a time to take charge and to apply yourself to your dream. This is also a good time to make the personal changes you have long wanted to make: start a diet and/or an exercise program, or begin a new course of study.

TWO: This is a year to carefully protect and nurture your plans. You will be like a mother watching over her children, conscious of every threat, real or imagined. You need tact and cooperation to keep yourself moving forward. There will likely be confrontations with others, requiring a subtle and gentle approach. You will have to stay focused on your goals, yet use intelligent persuasion. Being forceful may work against you; compromises will work in your favor. You will be unusually sensitive and may wonder at times what happened to the drive and momentum you felt last year. This year requires something else from you now - a delicate sense of balance and a willingness to go around obstacles, without losing sight of your goal. You may experience some emotional depressions and frustrations. The year is marked by struggle, but there are many opportunities to advance your plans. This is a year of slow growth, requiring patience. Be discriminating in your associations and secretive about your plans. Don't talk too much about your ideas; be a bit secretive; guard yourself and your ideas. You are somewhat vulnerable this year.

THREE: This is a year of expansion and personal growth. It is a time of heightened personal expression. Creativity and artistic talent come to the forefront. You are lighthearted and drawn to all kinds of social events. More than most other years, you will entertain and be entertained. You meet new and exciting people. It is a time to appreciate all that you have. You are dynamic and charismatic. Your challenge is to avoid scattering your energies. You have a rare opportunity to bring forth new and creative ideas. But that requires discipline and focus. It is easy to be optimistic and enthusiastic this year and this may result in speeding up your projects. Yet there will be delays and disappointments unless your enthusiasm is based upon the reality of work and concentration. This is a pleasant time in which friendship is enjoyed and love shared easily. This is often a good financial year, particularly if your creativity is well directed. Surround yourself with upbeat and positive people.

FOUR: This is a year to be organized and practical. Take care of details. Commit yourself entirely to your goals. Your concentration and ability to focus will be much improved over last year. You will have an attitude of realism and determination. There can be a sense of limitation and some frustration this year. However, it is a year of important opportunities that must be seized. There can be considerable work-related travel. You must be flexible this year to make full use of the opportunities that present themselves. It will require a combination of perseverance, hard work, and versatility. You will receive recognition for your efforts and support from your friends and family. It is a good year to buy real estate or remodel your home. It is also a good time to take care of projects which have been postponed for too long. Fulfill your obligations and do not be afraid to spend some of that hard earned money. Selling and trading during this year usually is quite successful.

FIVE: This is a year of dynamic change. Many surprises will come your way. Be open and ready to embrace new opportunities. Do not be overly careful this year. This is a year in which a major step forward can take place if you are willing to take some calculated risks and do a little gambling. Wisdom and prudence is the key, but you will definitely be faced with choices that require fast action and a willingness to act before all the facts are in. This is an exciting year in which you will be required to promote yourself in order to take full advantage of the opportunities that await you. There will be increased opportunity to travel and possibly a change of residence. You may be tempted by the desires of the flesh: too much food, alcohol, sex, and drugs. Be careful and discriminate. You could make mistakes in these areas. You will have some unexpected adventures and lucky breaks this year. This can be an unsettling year if you try to cling to outmoded methods or characteristics. This a year to throw off the old and adopt the new. It is a rebirth and a release after last year's struggle.

SIX: This is a year of progress and financial advancement. Major career opportunities present themselves. It is a challenging year in which personal growth is joined with new responsibilities and challenges. This is a year of domestic responsibility and attention to the needs of family and friends. It is a time of heart felt emotions and some sacrifice. It is a time for comforting and caring. You realize the importance of your place within your community. You will be called upon to help others bear their burdens. You are the proverbial friend in need. You must work to create an atmosphere of harmony and balance. It is often a time when marital issues surface and need attention. However, you possess the understanding to deal with such issues effectively if you apply yourself with love and flexibility. These deep feelings bring renewal to relationships and often a birth in the family.

SEVEN: You will experience a strong tendency to spend more time alone, to delve inside and find some answers and to reach a better understanding of yourself. This is not a year for social activities nor is it a year to try and reach goals on a material level. You will find that the necessities of daily life seem to be taken care of by themselves. There is no need to be overly concerned regarding your material needs. Without slacking on your daily duties and responsibilities, you can afford to give more attention to yourself. This is a year for inner growth. It is your spiritual and mental presence that requires attention. Improve the quality of your life, read, contemplate and gain insight in yourself. You are important now. Rest and attend to your health. It is during this year that you strengthen the foundation of your life, after all your success in all matters rests upon the strength of your inner self. There will be many strange and unusual events inspiring you to take a closer look at life and an opportunity is there to experience the joy and beauty of life without any artificial or exterior involvement but purely the growing awareness of yourself.

EIGHT: After last year's constant involvement with yourself and very possible occasional doubts about the state of your business or career you will find this year to be a relief. Things finally work out. Long postponed checks and promotions come through. You see the light at the end of your financial tunnel and an inner strength and confidence is breaking through. This is your year of harvest and, depending on the effort you put out in the past seven years, your reward will be equally large. There is a beauty in these cycles we can recognize and understand and in doing so we find ourselves "in the flow" and there is no more need to try and struggle upstream. So this year you will have an opportunity to involve yourself fully in work and material growth and bring home the rewards, at the same time a certain detachment is also necessary, for you and for the experience you have because it is not the reward that brings you happiness but your experience of life, which is why before the rewarding eight year you have had such opportunity for growth during the soul-searching of a seven year. Give in to your ambitions, you will find yourself more clear and focused and able to pursue and reach your goals.

NINE: This is your year to finish up all unfinished business, to clean house and make room for new things. On a material level this is a good time to get rid of unnecessary weight, to give away or sell what you do not need anymore and to pay off old debts. On a spiritual level you will experience a different mode altogether. Your attention should turn to others and their needs, find ways to be of help and give time and energy to worthwhile causes. You must lighten your burden of questions and doubts and the best way to do so is by directing your attention to another direction, away from yourself and you will find yourself becoming lighter and more in touch with your self. This is a time of completion, problems can be solved and over with, strained relationships relax or disappear, the sources of stress in work or business can be better understood and dealt with. Be social and communicative, enjoy music and other arts. Your creativity is higher than usual. There can be some difficulties this year due to your desire to face obstacles and overcome them, decisions have to be taken and courage and strength may be severely tested several times, this is not going to be an easy year all the time but you will feel relieved and on the brink of a positive breakthrough by the end of this year.